

Start the New Year in prayer with an online Retreat in Daily Life



Churches Together in Stourbridge are offering a retreat with guided prayer.

11th January - 15th February 2021

An opportunity to take some time for quiet prayer and be guided as you do so.

Why a Retreat?

- ✚ Have you ever found yourself wanting a deeper personal relationship with God?
- ✚ Do you sometimes find it difficult to pray?
- ✚ Do you ever find yourself wondering about the connection between faith and everyday life?
- ✚ Would you like to know more about different ways of praying?

How Does It Work?

The retreat begins with a collective Opening Meeting (on zoom) for prayer and a short introduction to ways of praying. At this meeting you will meet your prayer guide who will accompany and encourage you during the retreat.

At the moment, with all the restrictions due to COVID19 and the changing regulations, the retreat can only be offered through the use of zoom.

During the retreat you meet once a week (on zoom) for about half an hour, at a time that suits you both.

The retreat finishes with a final collective Closing Meeting (on zoom) when we give thanks and step forward in prayer!

If you would like to find out more ask your minister or come to our enquirers meeting.

Enquirers Meeting (zoom) Thursday 10th December 7pm

This is a chance to ask questions and find out if this is something you'd like to take part in

Email or phone us for the zoom link

Mary Flitcroft maryflitcroft@live.co.uk 07790 631816

Judy Spencer judithspencer43@gmail.com 07828 538109

Sue McDermott suemcderm@aol.com 07450 656757

Sign up by Monday 21st December

Email or phone us to confirm your place

Dates for the Retreat

Opening meeting Monday 11th January 7pm (zoom)

Closing meeting Monday 15th February 7pm (zoom)

The prayer guides are trained by Manresa Link which is a Birmingham-based ecumenical group of Christians who follow Ignatian Spirituality. The ethos of the group is to provide support for prayer in our daily lives.

All the guides are volunteers. Manresa Link does have costs to keep it running so we ask for a voluntary donation of between £5-20. You may, of course, take part for free.

***The retreat is scripture-based and Christ-centred. No previous experience is needed.
It begins where you are, wherever that happens to be in your faith journey.***

